



ZAMST FILMISTA CALF SUPPORT
INSTRUCTIONS FOR USE
(For left or right side)

Thank you for purchasing this product. For safety reasons, be sure to read this user manual before use, and store it away for future reference.

Usage:

Calf support

Read this first:

This product can be used for the left or right side.
Support may not be provided by this product under certain usage conditions.
This product cannot be used to treat calf disease, disorder or injury.
Check that the product size is correct before use. Refer to the size chart.

When using this product:

Due to the characteristics of materials used in this product, it may change colors in some storage conditions.
When storing this product, do not hang excessive weight on the product. Doing so may cause unwanted folding lines, wrinkles, or weaken the hook-and-loop fastening capability.
Do not leave this product in high-temperature and high-humid areas. Doing so may cause the product to deteriorate or delaminate.
Due to the type of material used, it may cause small dimples to appear on the surface or the product to be deformed, but the quality has not been compromised.

Precautions for use - Be sure to read this:

Safety precautions are divided into the following sections, according to the level of danger involved.

WARNING: Using the product incorrectly may result in serious injury.

CAUTION: Using the product incorrectly may result in minor injury, or cause damage to property other than this product.

WARNING

To prevent abnormalities or worsening of symptoms, those who suffer from the following conditions should refrain from using the product.

- Those predisposed to allergies or with sensitive skin.
 - Those who have a fracture, cut, numbness, swelling, eczema, rash, or other abnormality in the area to be worn.
- Be sure to follow the rules below and use the product correctly. If not used correctly, it could cause circulatory issues or injury.
- Do not use this product for any parts other than calves.
 - Be sure to use the correct size product. Refer to the size chart.
 - Do not use while sleeping.
 - When wearing the product for a long period of time, re-adjust as needed. Constant pressure for a long period of time may cause skin or circulatory issues.
 - Use top/bottom, inside/outside correctly.
 - Follow the application steps for correct use of this product.
 - Do not fasten the strap too tightly.
 - If the product loosens or comes off during use, be sure to refasten it correctly by following steps from the beginning.
 - If this product shows wear, damage or the hook-and-loop fastener no longer works well, do not use it.
 - Do not attempt to modify, or repair this product.
- If any of the following abnormalities occur when using this product, immediately stop using the product, and consult with a physician. Continued use may worsen symptoms.
- If this product causes discomfort.
 - If an injury, fracture, cut, pain, numbness, swelling, eczema, rash, etc. occurs in the area the product is worn.

CAUTION

Hard materials are used for the hook-and-loop fastener. In some rare cases, fingers or skin may be damaged, so please use the product carefully.
Sweat and friction may cause this product's color to fade, or transfer to other materials.
Make sure the hook-and-loop fastener does not attach to clothing. Doing so may cause it to become frayed or damaged.

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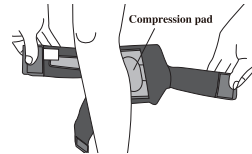
How to apply:

Before attaching this product, carefully read through the "Precautions for use - Be sure to read this". Then follow the steps provided for proper attachment. The attachment steps below use the right leg for reference. The same principles apply to the left leg as well.

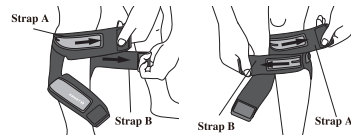
1. Remove all of the hook-and-loop fasteners of the main body of the product, and check over the product's top/bottom and inside/outside. The tag on the inside of the main body of the product is the top and touches the body. Check the top and bottom of the product.



2. Put the compression pad on the area you want to support.



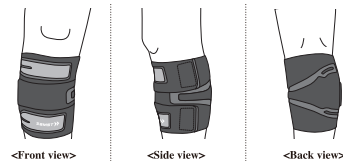
3. Hold straps A and B. Wind straps B and A in order while moderately pulling them, and fasten them to the main body. Pulling them is easier if you hold strap A with your left hand and strap B with your right hand.



4. While moderately pulling strap C, fasten it to the main body. Make sure that straps A and B, and straps B and C overlap neatly.



5. Make sure the main body or straps of the product are not loose or improperly attached. If anything looks unusual, start over from the beginning to re-attach the product.



Care and cleaning:

CAUTION

Do not wash together with light colored items. The color may fade or bleed onto other materials. When washing together with clothing etc., be sure to use a laundry net. If the hook-and-loop fastener attaches to clothing, it may cause them to become frayed or damaged.

This product can be washed in a washing machine. After washing, hang it dry in the shade. When washing this product, attach the hook-and-loop fastener to the main body. Attempting to wash this product without closing the hook-and-loop fastener may weaken its fastening capability. Do not use an iron or chlorine bleach. However, oxygen bleach can be used. Do not use a dryer. Doing so may damage the product. This product cannot be dry cleaned. Wet cleaning can be done, but avoid tumble drying.

Removing the compression pad

- You can remove the compression pad.
- You can adjust the partial compression force by removing the compression pad.
- Remove or insert the compression pad using the insertion slot.
- When re-inserting the compression pad, check its direction and insert it correctly so that it is not folded or wrinkled.
- You can wash the compression pad without removing it.

Materials:

Fiber: Nylon, Elastane, Polyester
Non-fiber: Polyurethane, EVA

* Note: When disposing of this product, be sure to follow all disposal ordinances and regulations as specified by the local government.

Disclaimer:

* Product specifications, external view, etc. may be changed without prior notice for improvement purposes.
* All possible measures were taken to ensure product quality, but if a defect, etc. is found, please contact us.